


# March 2024

## MS/HS Lunch Delsea School District

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**OFFERED DAILY:** Cereal Bag, PB & J, Chicken Nuggets, Turkey Sandwich  
**FRUIT:** Fresh, Cupped & 100% Fruit Juice  
**MILK:** Skim White, Skim Chocolate, Skim Strawberry, 1% White, Lactaid  
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Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Lunch Includes: Protein Grain Fruit Veggie Milk</b> Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!  <b>Lunch Prices:</b> Student Paid: \$3.35 Free & Reduced: Free / Adult Lunch: \$4.50		<b>CAFÉ CONTACT INFO:</b> Pat Rattell Food Service Director drs@nsfm.com Phone: 856-694-0100 ext 265 *Menu subject to change			<b>1</b>  <b>French Bread Pizza</b> Side Salad
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	
<b>Chicken Cheese Steak</b> On a Torpedo Roll	<b>Nacho Grande</b> w/ All the Toppings	<b>Asian Chicken Bowl</b> w/Rice & Broccoli	<b>Pulled Pork Sand</b> Sweet Potato Fries	<b>French Bread Pizza</b> Side Salad	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	
<b>Hot Ham &amp; Cheese</b> On a Pretzel Bun	<b>Twin Tacos</b> w/ All the Toppings	<b>BBQ Chicken</b> Macaroni & Cheese	<b>Turkey Bowl</b> Mashed Potatoes	<b>French Bread Pizza</b> Side Salad	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	
<b>Sloppy Joe</b> On a Kaiser Roll	<b>Nacho Grande</b> w/ All the Toppings	<b>Grilled Cheese</b> French Fries	<b>BBQ Chicken Sandwich</b> On a Torpedo Roll	<b>No School In-service</b>	
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	
<b>Pasta w/ Meat Sauce</b> Garlic Bread	<b>Twin Tacos</b> w/ All the Toppings	<b>Chicken Teriyaki</b> Over Brown Rice	<b>Hot Turkey Sandwich</b> On a Torpedo Roll	<b>Spring Break</b>	



Daily Entrée— Check for Daily Options			Vegetable Patch
Hot Sandwich Meal	Cold Sandwich Meal	Salad Meal	With Dip
Breaded Chicken Sandwich	Italian Hoagie	Crispy Chicken Salad	Baby Carrots
Spicy Chicken Sandwich	Turkey Hoagie	Chicken Caesar Salad	Broccoli Bites
Cheeseburger	Ham Hoagie	Garden Salad w/ Egg	Celery Sticks
Chicken Tenders	Peanut Butter & Jelly	Chef Salad	Beanie Bites